



HOW SPIRITS COMMUNICATE WITH US

Abstract

The strongest person is one who is actively receptive and allows something to happen. This active receptiveness allows us to share information through minds. We communicate through empathy, feelings, and emotions, creating pictures and images. It's not about beaming anything onto your visual cortex, but about understanding and allowing the strongest person to communicate with you.

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Séance is just another word for circle. Let's say that seems to catch people's attention. This is when souls, when we come through from the other side. This one feels that when we move in, he feels us move in from his back and then move forward. So sometimes we're in and out, sometimes we're fully in.

Today's lesson is how do we know what to bring to you? This is a question that he has been dwelling upon. We gave him a little bit of input here and there, but essentially what we do in these instances, the strongest person, and what we mean by the strongest person, we mean the one who not open minded, but actively receptive, and this is something that was displayed in another form. Actively receptive. You're not standing there waiting, but you are allowing, and to allow something to happen, is a bit of activity. It's not just standing still, or with your mind, just letting everything run through. That's not the way it works. So, we hear the strongest one. We hear the information, and we see the information. Let us first address how we communicate, because you typically hear us come through, using his voice box. When we talk to you, we talk in a different fashion. Do you know how animals often communicate? No. They communicate through empathy, through feelings, [through] your emotions. They communicate through pictures. They visualize, just like you do when you sit in meditation or when you sit with intention. You visualize, and when you visualize, you create a picture. The picture that this one is seeing right now is who is speaking through [him]. He sees someone who is a bit taller than he is and a bit more robust, maybe a little less hair, but he sees what the soul appears as. It's not that he sees it with his eyes, because this one prefers to allow us to come through with his eyes closed, afraid that he will lose his concentration. Unfortunately, he doesn't know that it doesn't work that way. When he allows us to come through, we just come through, whether his eyes are open or closed, but this is how this one prefers to operate, and he sees this image, this picture, because he's visualizing. What we look [like] and [what] we speak [to] you [is] through that same visualization. It's not that we beam anything onto your visual cortex, but that is the only way to explain it. Does that make sense?

Good.

So that is how we speak. Emotions are strong and those emotions are projected. You can't help but project your emotions, and we feel, [and] we see them, your emotions. They have different colors with them. If we were to tell you what [the] color means what and everything, It would just be confusing. It's better to just go with what you know, and that is also how we select our topics for teaching. We will utilize what each person knows. If you are a very religious person and we present something that's not quite so religious. You are going to feel upset, or at least the one we are working through will feel upset, and they will not understand. It makes no sense to discuss anything that anybody is not going to understand. So, when we come through anybody and it's not just this person here, it's others who also do the channeling work as they like to call it. Being Spiritualists, we call it trance. Spirit communication, although this one prefers soul communication, but spirit communication, we can't present anything to you that you would not understand, because that serves no purpose. Does that make sense to you?

So, our advanced teachings can only take place on how much you comprehend of the earlier teachings, and this one has made good strides. He's got some stuff, a little off, a little bit, but we can work with that. Such as our previous teaching [of] reincarnation. He sees it as something entirely different, but it was close enough to where we could come through and give the teaching without anything getting lost. So, does all of this make sense to you?

Yes. Yes.

Good. Before we progress. Do any of you have any questions?

I have a question.

Yes.

Why don't you use his name? Why do you always refer to him as this one?

Names have little importance particularly to this one. It is difficult to go against what one believes when we are doing this, and for him, names are of little value. In our realm the

only value they serve [is] in this realm, [which] is merely as identification. They don't embody anything as far as he's concerned. What is your name?

Connie.

Connie. If I look through the thoughts of this one, because we share each other's thoughts, he has many names for you. Tells you many things because that's how he feels. It's an expression of how he feels. Do you know why Everybody likes to use pet names? [It is] because those pet names express how they feel about you, and it sounds kind of nice, even though it's not your name. Yes?

Yes, it's endearing.

In theory, yes, yes. But this one. This one's identity is convoluted. This one doesn't know if he's coming or going, where he's at, or anything. He's in this universe, this dimension, he's convoluted. He doesn't know who he is, in a matter of speaking. He knows what he is but he doesn't know who he is. So, we refer to him as this one. Does that answer your question?

Yes.

Were there any other questions?

No. Thank you.

You are welcome.

We can only work as well as the channel or the medium is prepared in what they have. We cannot present stuff that is beyond their comprehension because it just [doesn't sit] well. How many of you understand quantum physics? Exactly. Exactly. You read something about quantum physics, and you are lost. When I was here, quantum physics was still in its infant stages, but then again, you really don't know because each of you, as you listen to what it is that we are teaching, is taking a risk. The risk that you are taking is that I am not who I claim to be. That what I am offering you is no different than what he offers, or that what I am offering you is so radically different that you dismiss it very easily,

and what purpose would that serve? The reason we come through is to help you all understand that you are all connected. You are all part of each other. You are all... It's not that you are a part of God, Because if God is everywhere, then so are you, you are everywhere. You are All Souls, are you not?

Yes.

Yes, you are All Souls. Some would say having a spiritual experience. Oh, this one really doesn't like that, so we will avoid that one. See what I mean? We have to be mindful of how we teach through our channels. Yes.

Did you choose this one or did this one choose you?

We chose this one. We have been working with this one for quite a while, [though] not in this capacity. We had to develop this person. We had to set this person's mind at ease. We had to condition him, as he would put it, because other than that, it's disbelief. No, not his disbelief, his distrust. I could hear him. His distrust of all of this, he distrusts all of this so much he questions everything. He doesn't take anything at face value. He is so distrustful of everybody. He didn't come this way. He became this way through life. He doesn't even trust himself. So, we have to work with him. We work with him through his writing. We work with him through his teaching. We work with him through making connections, and connections are important because when you can connect something that we bring through to one of your experiences, how much better is it? Does that answer your question?

Yes.

You're welcome. Does anyone else have a question?

So how do we decide what to bring to you? Sometimes it is what is foremost in this one's thoughts. Sometimes it is what is happening in your life. There is a great deal of concern about the direction everything is taking. Particularly your politics. This is nothing new. We had the same issues in my country when I was here. Yes, I'm not from this country, but we have the same thing everybody experiences. The same thing. But you can rest

assured that it is part of the cycle. Nature is the best teacher. That's what we taught them. Oh, I'm sorry. When I was here, they were teaching us. I get confused sometimes, but nature is your best instructor and that is the only instructor this one trusts implicitly. Everything in nature happens through a cycle. You have a cliché, *history repeats itself*. It's very true. This has happened before. It's happening now. It will happen again. The question is how will it affect you? Has it altered your thinking? Do you see your neighbor as separate from yourself? The message, when Jesus may have walked this realm, what he saw [was] the separation from the Jews and the Gentiles. It wasn't Jews and Romans or Jews and Egyptians. It was Jews and Gentiles. That was it. Us and them, I believe it's the term a lot of people use. What was the teaching? It got messed up here and there, but the teaching is that we are all God's children, and yet, circumstances happen, and we see them and us. It's all circumstances. When the people lived over 1000 years; yes, that truly happened, it was so long ago, until somewhere a separation took place. A separation in thought. A separation in community. It's not that God is separate from us; it's we are all God. the Native American Indians: there's a reason why Spiritualists like their teachings because they teach that there is a reverence for everything. A reverence for the chairs you are sitting on. A reverence for the plants that you will soon be planting. A reverence for the food you consume. That was the way it was so long ago, and for whatever reason nature introduced something different. Nature has a way of doing that. If things are going too good, nature just kind of takes a left turn. Why does that happen? How many of you live boring lives? How many of you wish something would happen, and then when it happens, oh it's not what you wanted, but it is what you wanted. Nature is like that. We are like that because nature is like that. There can be no progress without difficulty. Does all of that make sense for you?

Yes. Yeah.

Yes. Are there any questions that anybody might have. Then we will end our lesson for today, and we look forward to addressing you again. And I am not Joseph. Nor am I the ancient one. Nor am I the other one. You never really know who's going to come through. That's why we don't use names. Thank you very much.

Thank you.